

# Northview High School CLAY COUNTY SECONDARY LUNCH OCTOBER LUNCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1  NACHOS W/ MEAT PIZZA REFRIED BEANS SALAD W/ DRESSING FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Oct - 2  CHICKEN on BUN PIZZA SEASON WEDGES LETTUCE & TOMATO PINEAPPLE JUICE Milk variety 1%	Oct - 3  STEAK BITES PIZZA CORNBREAD WG GRAHAM CRACKERS BUTTERED CARROTS CUCUMBER COINS MANDARIN ORANGES FRESH FRUIT Milk variety 1%	Oct - 4  CHICKEN RANCH WRAP PIZZA CORN LETTUCE & TOMATO TROPICAL FRUIT SALAD JUICE Milk variety 1%
Oct - 7  CHILI DOG PIZZA PEPPERONI BROCCOLI & CHEESE CARROTS&CELERY / DIP PEARS JUICE Milk variety 1%	Oct - 8  SPAGHETTI PIZZA SALAD W/ DRESSING GREEN BEANS PEARS FRESH FRUIT Milk variety 1%	Oct - 9  CORN DOG Pizza Saus. RED PEPPER STRIPS BAKED BEANS PEACHES JUICE Milk variety 1%	Oct - 10  CHICKEN PATTY/BUN PIZZA LETTUCE & TOMATO FRENCH FRIES FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Oct - 11  TEACHER IN-SERVICE DAY
Oct - 14  FALL BREAK	Oct - 15  FALL BREAK	Oct - 16  FALL BREAK	Oct - 17  FALL BREAK	Oct - 18  FALL BREAK
Oct - 21  PORK FRITTER PIZZA CORN SALAD W/ DRESSING PINEAPPLE JUICE Milk variety 1%	Oct - 22  GENERAI TSO CHICKEN & RICE Pizza Saus. CALIFORNIA BLEND VEGGIES RED PEPPER STRIPS FORTUNE COOKIE MANDARIN ORANGES FRESH FRUIT Milk variety 1%	Oct - 23  CHEESEBURGER / BUN PIZZA CARROTS / DIP FRENCH FRIES TROPICAL FRUIT SALAD JUICE Milk variety 1%	Oct - 24  BBQ PORK PIZZA PEPPERONI BUTTERED CARROTS CUCUMBER COINS APPLESAUCE FRESH FRUIT Milk variety 1%	Oct - 25  HAM & CHEESE / BUN PIZZA PEPPERONI LETTUCE & TOMATO BAKED BEANS POTATO CHIPS PEARS JUICE Milk variety 1%
Oct - 28  CHICKEN NUGGETS PIZZA CARROTS&CELERY / DIP BAKED BEANS PEACHES JUICE Milk variety 1%	Oct - 29  BBQ RIB on BUN PIZZA FRENCH FRIES CUCUMBER COINS FRUIT COCKTAIL FRESH FRUIT Milk variety 1%	Oct - 30  CHICKEN TENDER W/ GARLIC TO PIZZA MIXED VEGETABLES CARROTS / DIP PINEAPPLE JUICE Milk variety 1%	Oct - 31  COOKS CHOICE; ENTREE PIZZA COOKS CHOICE FRESH VEGGIES COOK'S CHOICE VEGETABLE MANDARIN ORANGES FRESH FRUIT Milk variety 1%	

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!!

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	614*	750-850	82%	Protein	25.95* g	16.91%	
Sodium	1124* mg	1420		Carbohyd	81.96* g	53.41%	
Fiber	8.05* g			Tot. Fat	20.88* g	30.61%	<=30.0%
Calcium	361.89* mg			Sat. Fat	7.31* g	10.72%	<10.00%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.